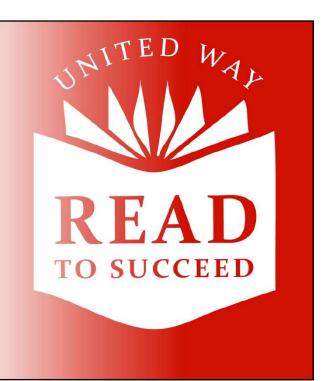
Welcome to the Read to Succeed Webinar series!

Presented by the United Way of Greater Nashville







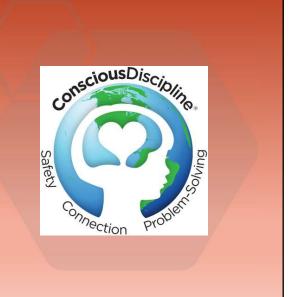
1

Focus on Survival State Skills:

Using Pictures to Support Child Success

A United Way of Greater Nashville

Read to Succeed Professional Development



Welcome and Brain Smart Start

Welcome to RTS Webinar Wednesdays!

- Presenter Elandriel Lewis
 - Manager of Early Learning and Training, United Way of Greater Nashville

Brain Smart Start

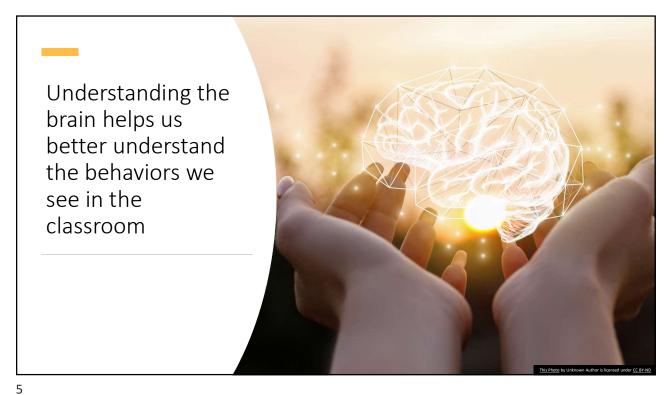
- Unite and Connect
 - Please use the chat box to share your name, where you work, and a highlight from this past week
- Disengage the Stress
- S.T.A.R.
- Commit
- What do you give yourself permission to do during today's webinar?
- Share in the chat box if you are willing

3

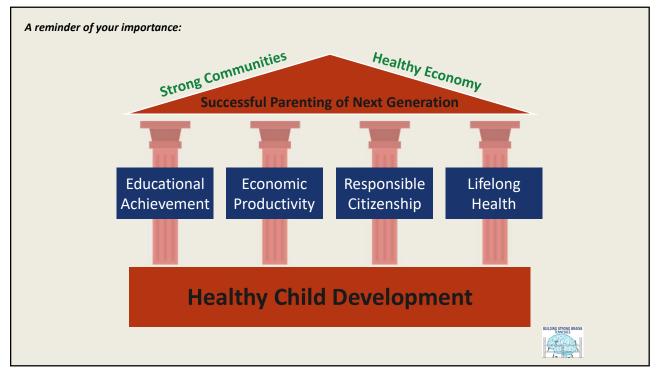
Today's Objectives

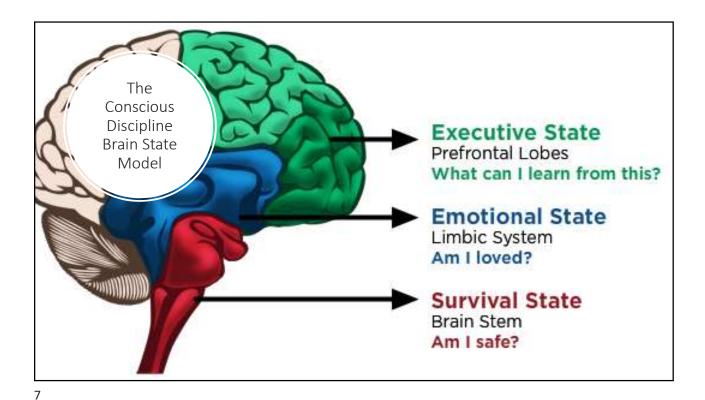
Participants will:

- Review the brain states and how safety and connection are the basis for learning
- Develop an understanding of how and where to use visuals to support child success

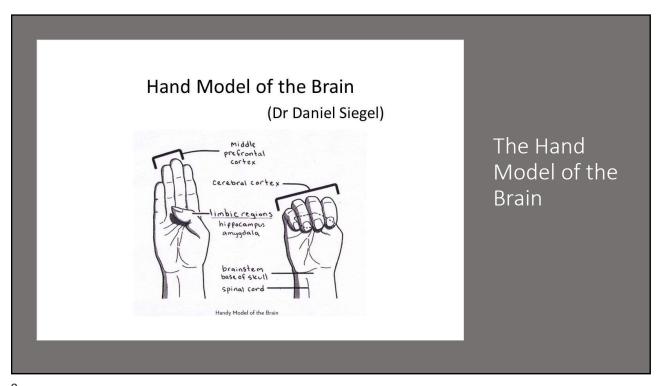


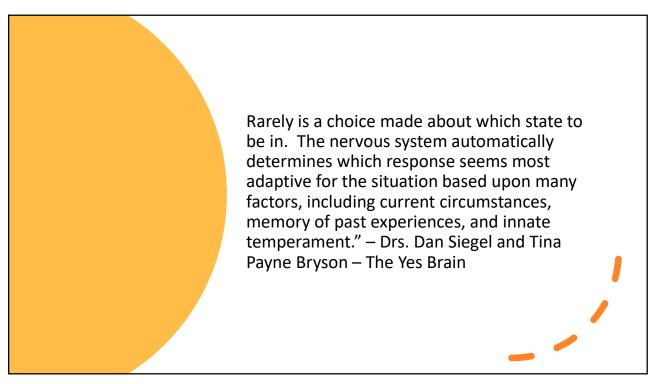
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Executive State = all verbal On Board – 25 (starts around 3) Looks Like - Solutions-focused, attentive, organized, Flexible Adaptive Coherent Energized Stable etc. But also annoyed, irritated, complaining, etc. Skills - Attention, Time Management, Organization, Prioritization, Working Memory, Impulse Control, Flexibility, Empathy, Metacognition, Goal Achievement, Task Initiation, **Emotional Control** Emotional State = all verbal On board at – Language Development Looks Like - Name calling, blaming, exclusion, gossiping, etc. Skills - Blaming and Judging Survival State = no words On board at - Birth **Looks Like** – crying, punching, eye rolling, excessive daydreaming, self-harm, etc. Skills - Flight, Fight, and Freeze



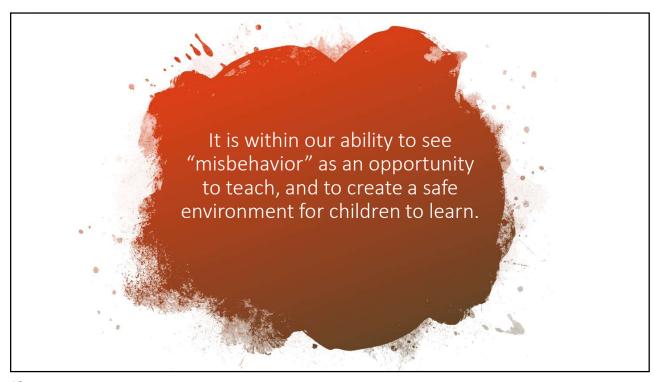


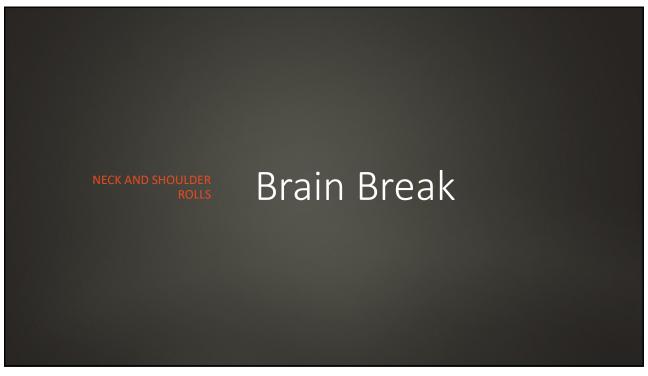
We all get upset. Your goal is to regain self-control once you become upset, before you deal with your children. You must discipline yourself first, and your children second.

--Dr. Becky Bailey

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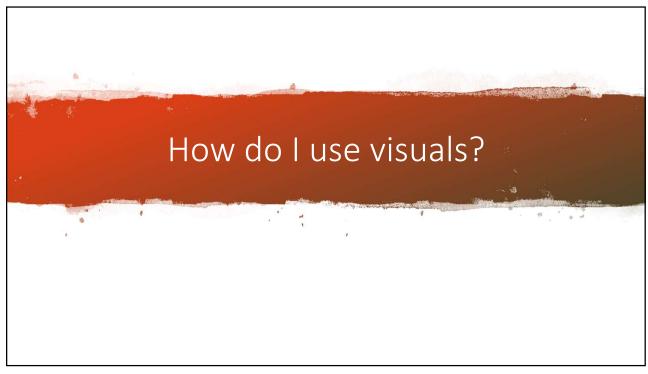




















What will happen and when

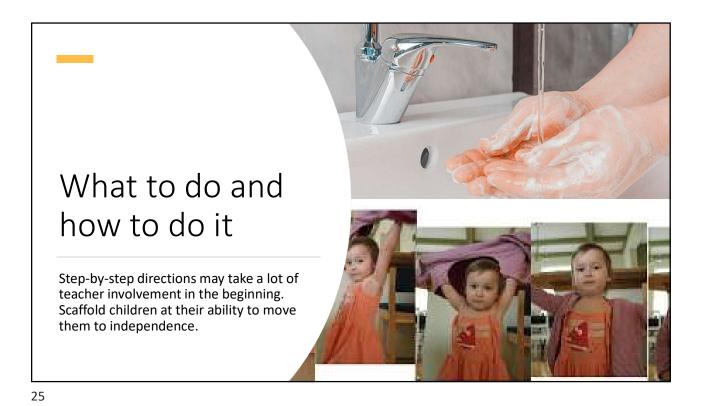
When

Circle time

Story

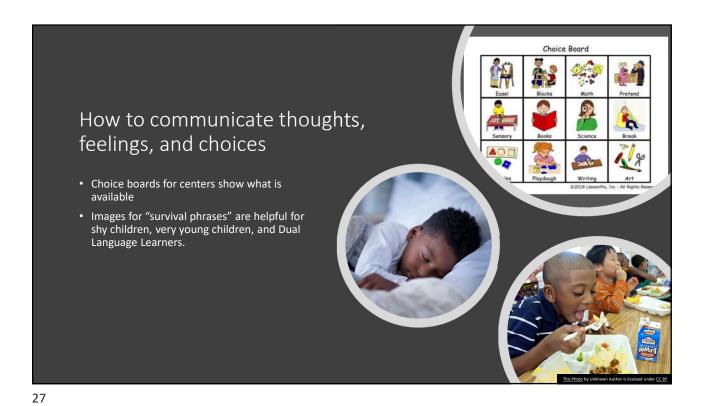
Recess

23

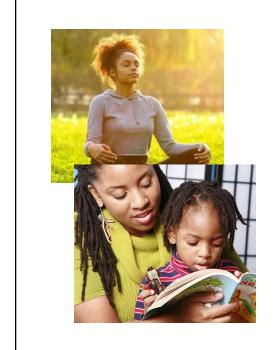


When I want something I can breathe briefly, How do you feel? then say: "May I have a turn?" But I may not hit, hitting hurts. Frustrated **Anxious** • Social stories help teach acceptable behavior How to interact with • Pictures of feelings help children learn to take the others

perspective of others







See	See behavior as a call for help
Stay	Stay composed; you are in control of you
Use	Use pictures to communicate wherever possible
Focus on	Focus on what you want; teach the missing skill



