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Advancing Comprehensive and Contextual Education Solutions for Schools



Whole Brain Parent Partners



Frank Jemison, **ACCESS Consulting**

A background graphic consisting of five overlapping circles arranged in a circular pattern, creating a complex geometric design with multiple intersection points.

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Agenda

1. Introduction and Framing
2. Four Strategies for Whole Brain Parent Partners
 1. Hand Model of the Brain
 2. Serve and Return
 3. Behavior as Skill
 4. Emotional Regulation Practices
3. Closing



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Right now I feel ...

My body feels ...

I am here because ...

**I feel like I belong
when ...**



mindful
MINDFUL.ORG



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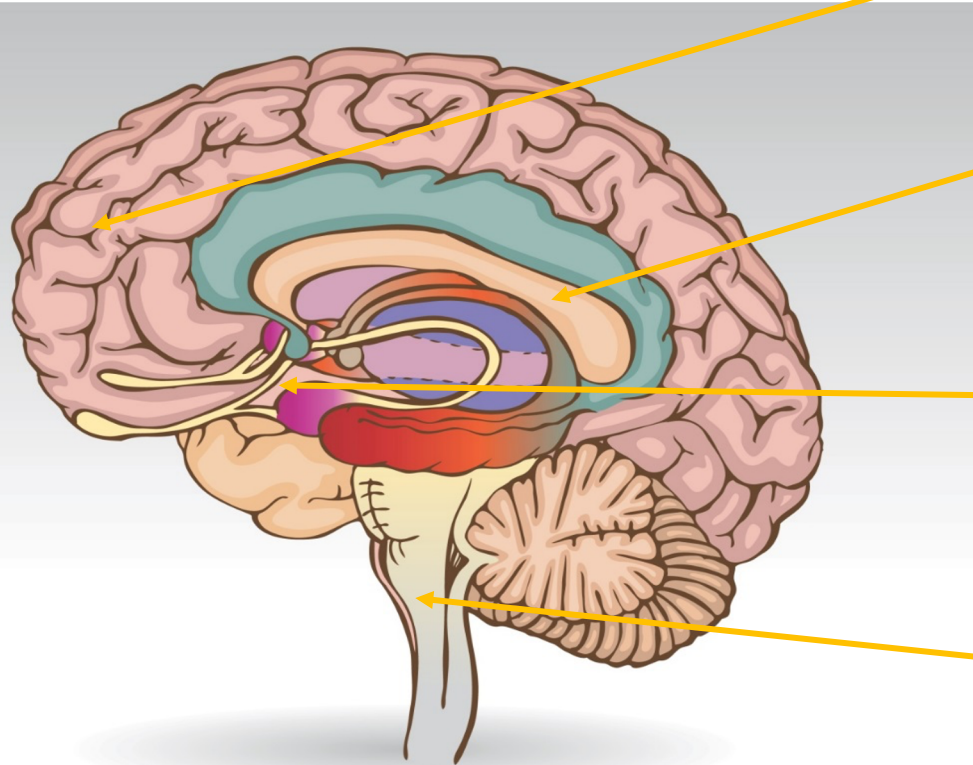


Why do we need whole brain parent partners?





Practice 1: Hand Model of the Brain



Prefrontal Cortex:

Controls executive function and higher-level thinking.

Hippocampus:

Major role in memory, learning, and mood

Amygdala:

The brain's center for fear and strong emotion. Activates the stress response like a fire alarm.

Brain Stem

Controls automatic functions like breathing, blinking, and digestion.



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Practice 1: Hand Model of the Brain





Practice 1: **Hand Model of the Brain**

Key parts:

- Name the Parts
 - Amygdala
 - Prefrontal Cortex
- What happens when we feel stress or strong emotion.
 - Structure and function

How and Why

- Give a chance to practice.
- Discuss brain state to shift lens
- Regulation First



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Practice 2: Serve and Return





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Practice 2: Serve and Return





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Practice 3: Behavior as Skill





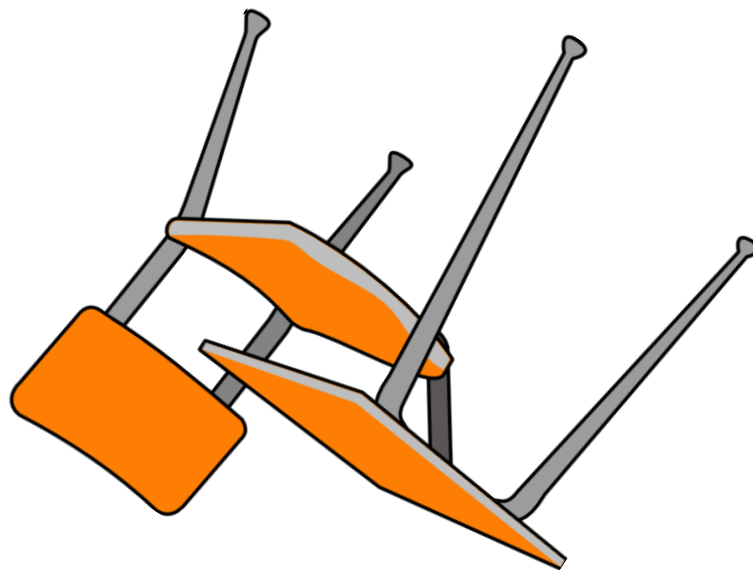
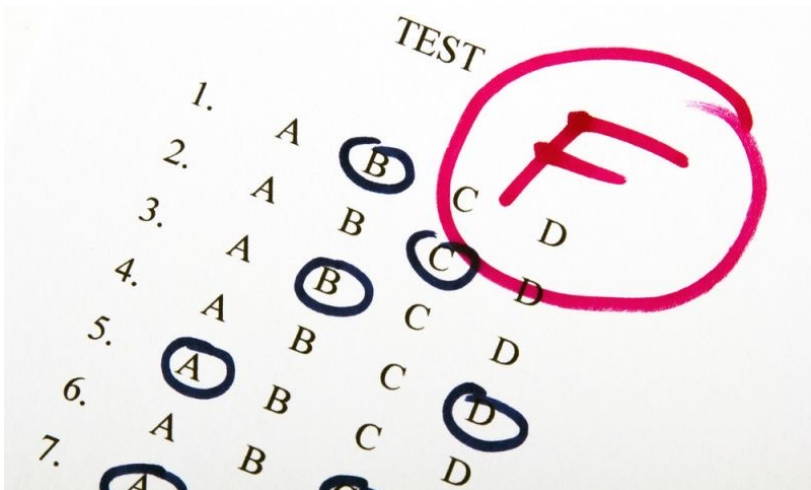
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Practice 3: Behavior as Skill

How do we respond?





Practice 3: **Behavior as Skill**

Context/Trigger + Lagging Skill → Challenging Behavior

Collaborative Problem Solving

Index of Lagging Skills

- Language and Communication
- Attention and Working Memory
- Emotion and Self-Regulation
- Cognitive Flexibility
- Social Thinking

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Domain of SE Skills

- Self-Awareness
- Self-Management
- Social Awareness
- Relationship Skills
- Responsible Decision Making



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Practice 4: Emotional Regulation Practices





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Practice 4: Emotional Regulation Practices

Breath

Movement

Focused/Textured Play



*SEED and
SEW*



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Right now I feel ...

My body feels ...

I am grateful for ...

**One thing I am
taking away from
this session is ...**



mindful
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