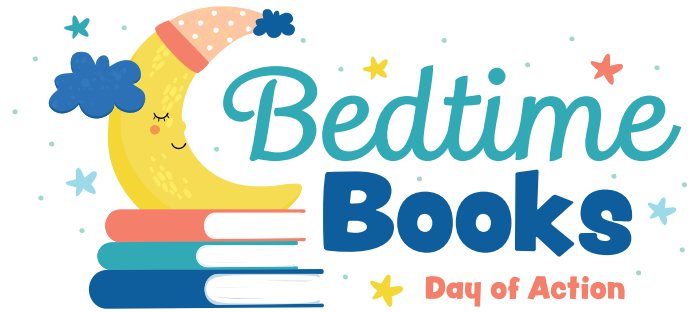


United Way of Greater Nashville
2023 Day of Action
Bedtime Books

Join us as we collect bedtime book kits for children ages birth to five who need them most.



WHY IT'S IMPORTANT

For young children, bedtime is about more than just going to sleep. It's a time to talk, imagine and connect with those we love most. Reading with children—from even the earliest ages—for at least 20 minutes a night is proven to increase crucial language development skills, critical thinking abilities and set children up for future reading success. By giving parents and caregivers the tools to nurture their children at bedtime, we can help develop healthy habits and improve literacy skills that will last a lifetime.

HOW TO GET INVOLVED



Host a collection drive in your workplace or community group.

Encourage your employees to purchase new children's books from our list of pre-selected books, along with children's toothbrushes, toothpaste and plush toys.



Donate to the cause.

You don't have to run a collection drive to be a part of Bedtime Books. A simple \$35 donation provides a kit to one child in our community.



Make a kit (or several!).

Gather your family and stop by your favorite local book store. Together, you can make a difference in the life of a child in need.



Volunteer.

On April 5 at First Horizon Park, morning volunteers are needed to unload boxes and manage quality control and afternoon volunteers are needed to deliver boxes to nonprofit agencies throughout Greater Nashville.

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REQUIRED ITEMS

Each kit should contain two, new age-appropriate children's books, a toothbrush, toothpaste and a small plush toy. Please choose two new books from the lists below. We encourage you to shop locally if you can!

1. Bedtime Book (choose one)

- *You Are Getting Sleepy* by Lori Alexander (ages 0-3)
- *How Do Dinosaurs Say Goodnight?* by Jane Yolen and Mark Teague (ages 3-5)
- *With All My Heart, I Love You* by Caroline Jayne Church (ages 2-4)
- *Super Simple: Hush Little Baby* by Scholastic (ages 0-3)

2. General Book (choose one)

- *Dream Big* by Joyce Wan (ages 0-4)
- *The Good Egg* by Jory John and Pete Oswald (ages 4-5)
- *How Do Dinosaurs Play with Their Friends?* by Jane Yolen and Mark Teague (ages 4-5)
- *Peppa is Kind* by Scholastic (ages 2-5)
- *Clifford's Animal Sounds* by Norman Bridwell (ages 0-4)
- *I Am Enough* by Grace Byers and Keturah A. Bobo (ages 4+)
- *Pig the Pug* by Aaron Blabey (ages 0-3)
- *If You Give a Mouse a Cookie* by Laura Numeroff (ages 0-5)

3. Children's Toothbrush and Toothpaste

- Must be new and in package.
- [Example](#)

4. One Plush Toy

- No larger than 10" x 10."
- No dolls or human faces.
- Must be new with tags.
- [Example](#)

Questions? Email your Workplace Campaign Account Manager or lindsay.keitel@unitedwaygn.org.

Learn more at unitedwaygreaternashville.org/bedtime-books.

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