

United Way of Greater Nashville  
2023 Day of Action  
Give Thanks Items



All Give Thanks boxes MUST be packed with the following required items using the below container specifications so that each family receives the same amount of food. We ask that participants do not add anything to the box that is not on the list. Additionally, please check the expiration date on all food items. We are not able to distribute food that has expired. Please place gift card in plain envelope and tape to the inside of the container's lid.

### Required Items

- \$25 gift card to Kroger, Walmart, Aldi or Publix (for turkey/ham and other perishable items)
- 2 cans of green beans
- 1 can of yams
- 1 box/bag of stuffing mix
- 1 packet of gravy
- 1 box of instant potatoes
- 1 box of corn bread mix
- 1 brownie mix OR 1 cake mix with can of frosting
- 1 pack of dry pasta
- 1 jar of pasta sauce
- 2 boxes of macaroni and cheese
- 1 six-pack of individual applesauce/fruit cups
- 1 can of corn
- 2 cans of soup with protein or 4 packs of ramen noodles
- 2 bags/boxes of snacks: rice cakes, Goldfish crackers, pretzels or granola bars (nut-free)
- 2 cans of tuna and/or chicken (optional)

### Container Specifications and Drop-Off Instructions

We ask that all items are packed in a bankers box (model #00789: 10.25 x 12 x 15.25) with a lid and handles as people without access to personal transportation may need to carry their box.

Completed boxes should be delivered to GEODIS Park (Lot 9, 2226 Bransford Ave., Nashville, TN 37204) on November 9 between 8:30 a.m. and noon. Detailed instructions will be sent closer to the event date.

**Questions?** Email [lindsay.keitel@unitedwaygn.org](mailto:lindsay.keitel@unitedwaygn.org).

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